VPOD CapOx Patient Self Administered Overnight Oximetry and Capnography Instructions on Room Air
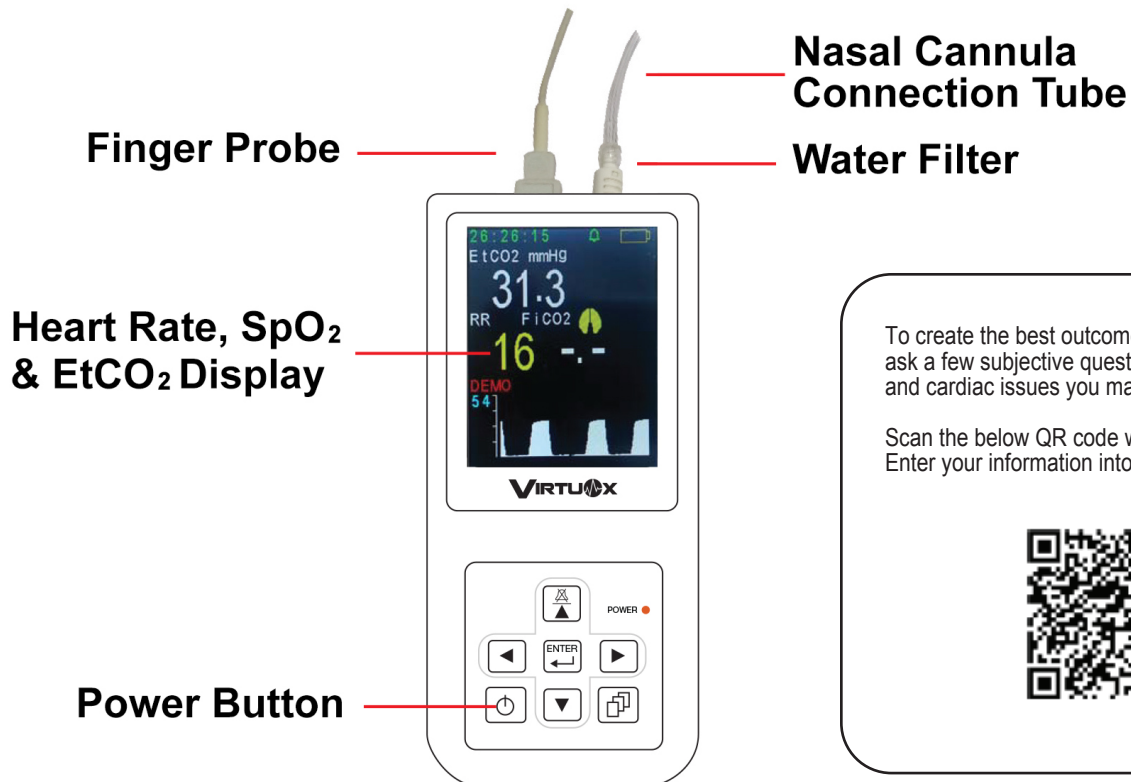
Patient Name _____ **Reading ID** _____

Your prescriber ordered this oximetry and capnography test to monitor your blood oxygen and end tidal CO_2 levels while you are asleep. It is vital you closely follow these instructions to get the best results.

VirtuOx is the testing facility that will process the test results and send them to your prescriber. Per Medicare guidelines, the company that delivers the testing device to you cannot assist with the instruction or performance of the test.

DME Courier: _____ **Phone** _____

Please follow the conditions below as prescribed:

_____

Your testing device: VPOD CapOx

Nasal Cannula Connection Tube

Finger Probe

Water Filter

Heart Rate, SpO₂ & EtCO₂ Display

Power Button

To create the best outcome we would also like to ask a few subjective questions about your sleep and cardiac issues you may have.

Scan the below QR code with your smart phone. Enter your information into webpage.
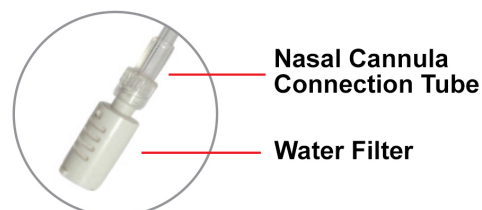
IMPORTANT

• You must stay awake for the first 10 minutes of the test.
• Remove any fingernail polish and coverings from the finger you will be using.

TEST SETUP

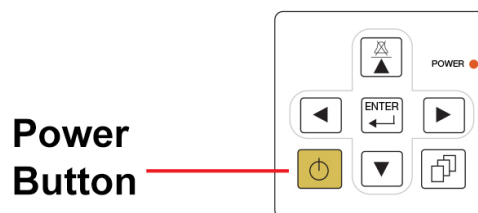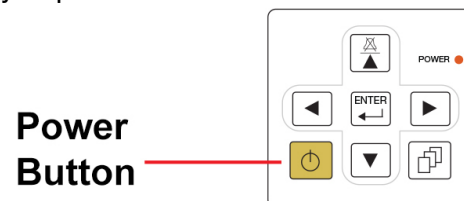|	
1 Confirm the finger probe cable and water filter are attached to the top of the device. **Finger Probe Cable** — **Nasal Cannula Connection Tube** — **Water Filter**	**2** Confirm the nasal cannula connection tube is connected to the water filter. **Nasal Cannula Connection Tube** **Water Filter**
3 Attach sensor to index finger and apply tape or Band Aid to secure sensor to your finger.	**4** Press and hold the bottom left button down until powered ON. **Power Button**
5 Insert the nasal cannula prongs into your nose and adjust the slider to secure it. Go to sleep. Wear it all night.	**6** When you wake up in the morning, take the device off. Press and hold the bottom left button until you power it OFF. **Power Button**

ADDITIONAL INSTRUCTIONS

• For best results, place the probe on your index finger. However, you may use any finger as long as it receives a reading from the device.

• If the probe or cannula falls off during the night:
   1) Place the probe on your finger and reinsert the nasal cannula prongs into your nose.
   2) Check to see the oximeter is ON and displays numbers.
   3) If the oximeter is OFF, press the power button to turn it ON.

• You may remove the probe and nasal cannula only in case of hygienic necessity. When you return to bed, put the probe back on your finger and reinsert the nasal cannula as you did before.